



(Travel-health Related Education & Care)

“Getting to The Point”

Immunisation Study Day

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The Background

TREC was originally established in 2000 by Sheila Hall RGN SCM MSc (T.Med) in response to the need for accessible training courses in travel health education and vaccination. These popular courses continue to be organised in venues throughout the UK.

Many health care professionals may not be involved in travel health but are however responsible for administering general immunisations and providing vaccination advice. They should be aware of the training requirements as recommended by the National Minimum Standards for Immunisation Training Guidance.

To address these needs, this study day has been developed as a face to face update training day following TREC's common sense approach to teaching and practical education experience.

It is designed for health care professionals who provide immunisations to adults as part of their remit. It follows the "Core Areas of Knowledge" as recommended within the UK National Minimum Standards.

The TREC Travel Health Course and Immunisation Study Day are both accredited by the Royal College of Nursing.

Sheila is a Member of the Faculty of Travel Medicine – RCPS Glasgow, and was awarded the Certificate in Travel Health by the International Society of Travel Medicine in 2007.

The TREC teaching team for this study day includes –

Sheila Hall	Director of TREC RGN SCM MSc (T Med)
Margaret Umeed	Specialist Nurse Practitioner (General Practice) Nurse Prescriber RGN MSc (T.Med.) FQNIS
Derek Ramsay	Advanced Nurse Practitioner Nurse prescriber RGN. LLB Hons. ALS Instructor

“Getting to The Point” **Immunisation Study Day**

This study day is designed for health professionals who are perhaps new to the field of immunisation, or wishing to update and expand their current knowledge.

The course will provide structured teaching sessions, discussion, and the opportunity to share ideas and experiences with other practitioners.

◆ **Introduction** -

This course is designed for health professionals who are currently working in a relevant field and are interested in updating and expanding their knowledge.

◆ **Aim** -

The aim of this course is to raise awareness and understanding of immunisation issues, and to enable the participant to access the accurate and up to date information necessary for providing proficient care.

◆ **Learning Outcomes** –

By the end of the course the student will –

1. Know how to access and use the relevant and up to date sources of information.
2. Have a good general understanding of the immune system.
3. Recognise relevant vaccine preventable disease risks and be aware of potential transmission, symptoms and treatments.
4. Understand the principles of immunisation and be able to recommend appropriate vaccines.
5. Be familiar with vaccine techniques, administration, prescribing and consent.
6. Understand the importance of cold chain and storage of vaccines.
7. Be aware of anaphylaxis risk – aetiology, recognition and management.

◆ **Course Content.**

1. Sources of information.
Examining and discussing the broad selection of reference sources available.
Guidelines, websites, on-line resources.
2. Immunisation.
A review of immunology, types of vaccines.
3. The Diseases and their Vaccines
Focus will be on “adult vaccines”
e.g. Hep B, Flu, Tetanus, Pneumococcal, Varicella.
An overview of the disease risks, clinical presentation, and available vaccine schedules.
4. The Practical Issues
Vaccine technique, needle length.
Cold chain and storage.
5. The Legal Bits
Consent, prescribing and documentation.
6. Anaphylaxis
Aetiology & incidence.
Recognition and management
Adrenaline administration.
Documentation.
7. Revision of CPR technique.

◆ **Course Structure**

The study day will combine both structured teaching sessions and informal discussion. There will be a maximum of 25 participants.

◆ **Statement of Completion**

Students who attend the full day will be awarded a certificate of course attendance.

Information, course availability and online application forms are all available on the TREC web site
www.TRECtravelhealth.co.uk

**Please feel free to contact the TREC office
if you would like any further advice.**
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(TREC September 2011)