



(Travel-health Related Education & Care)

Supported and Approved by Health Protection Scotland

COURSE DOCUMENTATION

“TREC Further” – Follow-Up Study Day

TREC courses are organised by Sheila Hall RGN SCM MSc (Trav. Med) and other guest lecturers, who all have experience and further qualifications in the field of Travel Medicine.

Further information can be obtained from -

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“TREC Further” **Follow up Study Day**

Introduction –

This study day has been developed to complement and update the information covered on our 2 Day Course. It is very much a day for discussion and debate with the participants encouraged to bring a travel-health issue that concerns or confuses them. Time will also be spent revising malaria and bringing together some travel-health scenarios for discussion.

It is designed for nurses who are interested in updating and expanding their current knowledge of travel-health.

Aim –

The aim of this study day is to build on the teaching content of the original course, to introduce topics not previously covered and to revise key areas such as malaria.

Learning Outcomes –

By the end of this study day the student will –

1. Be aware of the most up to date database information sources and publications.
2. Have an understanding of the dangers of travel at altitude.
3. Be confident in the principles of malaria and chemoprophylaxis.
4. Feel confident in planning advice and vaccine schedules for more complicated travel itineraries and travellers with underlying medical conditions.

Course Content

The following areas of travel-health will be included, with the addition of any issues that are topical at time of the study day.

1. Sources of information and databases The ever increasing use of web sites and databases will be discussed, in addition to new publications, organisations, help-lines and sources of advice.
2. Malaria Emphasising the importance of this disease, revising the information previously covered and expanding into emergency treatment situations. Planning advice for multiple destination trips.
3. Case studies An opportunity to talk through and discuss all travel health issues for more complicated itineraries.

Course Structure –

This study day will include some structured teaching but the emphasis will be on group discussion. A maximum of 20 students will be registered, in order to allow for informal discussion and debate.

Certificate of Completion –

Students who attend this study day will be awarded a certificate of attendance.

The TREC Further Study Day fulfils the RCN recommendation that practitioners providing a general travel health service should attend an annual update for CPD requirements. *

*Delivering Travel Health Services. RCN Guidance for Nursing Staff 2005