

A light blue world map is centered in the background. Overlaid on the map is the TREC logo, which consists of the letters 'TREC' in a bold, black, sans-serif font. The 'T' is stylized with a curved bottom that extends into a long, black arrow pointing to the right, crossing the map.

TREC

Travel-health Related Education & care

“Getting to the Point”

Immunisation Study Day

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Immunisation Study Day

The Background

Many health care professionals may not be involved in travel health but are however responsible for administering general immunisations and providing vaccination advice. They should be aware of the training requirements as recommended by the National Minimum Standards for Immunisation Training Guidance.

To address these needs, this study day has been developed as a face to face update training day following TREC's common sense approach to teaching and practical education experience.

It is designed for health care professionals who provide immunisations to adults as part of their remit. It follows the "Core Areas of Knowledge" as recommended within the UK National Minimum Standards.

TREC was originally established in 2000 by Sheila Hall RGN SCM MSc (T.Med) in response to the need for accessible training courses in travel health education and vaccination. These popular courses continue to be organised in venues throughout the UK and are now led by Clare Henderson, RGN, who is also a Member of the Faculty of Travel Medicine – RCPS Glasgow, and was awarded the Diploma in T. Med from this college in 2012.

The TREC Travel Health Courses are supported by Health Protection Scotland.

The TREC teaching team for this study day includes –

Clare Henderson	TREC Ltd (Co-director) RGN, Dip T.Med (RCPSG)
Margaret Umeed	Specialist Nurse Practitioner (General Practice) Nurse Prescriber RGN MSc (T.Med.) FQNIS
Derek Ramsay	Advanced Nurse Practitioner, Nurse prescriber RGN. LLB Hons. ALS Instructor

The Study Day -

This day is designed for health professionals who are perhaps new to the field of immunisation, or wishing to update and expand their current knowledge.

The course will provide structured teaching sessions, discussion, and the opportunity to share ideas and experiences with other practitioners.

Introduction –

This course is designed for health professionals who are currently working in a relevant field and are interested in updating and expanding their knowledge. The focus of teaching will be UK national schedule vaccines for adults. Baby vaccines and travel vaccines are not covered on this day.

Aim -

The aim of this course is to raise awareness and understanding of immunisation issues, and to enable the participant to access the accurate and up to date information necessary for providing proficient care.

◆ Learning Outcomes –

By the end of the course the student will –

1. Know how to access and use the relevant and up to date sources of information.
2. Have a good general understanding of the immune system.
3. Recognise relevant vaccine preventable disease risks and be aware of potential transmission, symptoms and treatments.
4. Understand the principles of immunisation and be able to recommend appropriate vaccines.
5. Be familiar with vaccine techniques, administration, prescribing and consent.
6. Understand the importance of cold chain and storage of vaccines.
7. Be aware of anaphylaxis risk – aetiology, recognition and management.
8. Have the opportunity to update CPR skills for annual certification purposes.

◆ **Course Content.**

◆ **Sources of information**

Examining and discussing the broad selection of reference sources available.
Guidelines, websites, on-line resources.

◆ **Immunology**

A revision of immunology, types of vaccines etc.

◆ **The Diseases and their Vaccines**

Focus will be on "adult vaccines"
e.g. Hep B, Flu, Tetanus, Pneumococcal, Varicella.

An overview of the disease risks, clinical presentation, and available vaccine schedules.

◆ **The Practical Issues**

Vaccine technique, needle length.
Cold chain and storage.

◆ **The Legal Bits**

Consent, prescribing and documentation.

◆ **Anaphylaxis**

Aetiology & incidence.
Recognition and management
Adrenaline administration.
Documentation.

◆ **CPR Basic Life Support**

Practical update and certification.

◆ **Course Structure**

The study day will combine both structured teaching sessions and informal discussion. There will be a maximum of 25 participants.

◆ **Statement of Completion**

Students who attend the full day will be awarded a certificate of course attendance and CPR certificate.

Information, course availability and online application forms are all available on the TREC web site

www.TRECTravelhealth.co.uk

Please feel free to contact the TREC office if you would like any further advice.

Tel 01360 770829

Email admin@TRECTravelhealth.co.uk