



# **“TREC Further”**

## **Revision & Update Study Day**

(Open to previous participants of TREC 2 Day Course)

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# Travel Health Related Education & Care

## THE BACKGROUND

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TREC was originally established in 2000 by Sheila Hall RGN SCM MSc (T.Med) in response to the need for accessible training courses in travel health education and vaccination. These popular courses continue to be organised in venues throughout the UK and are now led by Clare Henderson, RGN, who is also a Member of the Faculty of Travel Medicine – RCPS Glasgow, and was awarded the Diploma in T. Med from this college in 2012.

Since inception the courses have adopted a common sense approach to travel health education. All course lecturers are highly experienced and qualified in the travel health field, both academically and clinically.

## Introduction

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### TREC Further

This study day has been developed to complement and update the information covered on our 2 Day Course. It is very much a day for discussion and debate with the participants encouraged to bring a travel-health issue that concerns or confuses them. Time will also be spent revising malaria and bringing together some travel-health scenarios for discussion.

It is designed for nurses who are interested in updating and expanding their current knowledge of travel-health.

## **Aim**

The aim of this study day is to build on the teaching content of the original course, to introduce topics not previously covered and to revise key areas such as malaria

## **Learning Outcomes**

By the end of this study day the student will –

- Be aware of the most up to date database information sources and publications.
- Have an understanding of the dangers of travel at altitude.
- Be confident in the principles of malaria and chemoprophylaxis.
- Feel confident in planning advice and vaccine schedules for more complicated travel itineraries.

## **Course Content**

The following areas of travel-health will be included, with any additional issues that are topical at time of study day.

- Sources of information and databases - The ever increasing use of web sites and databases will be discussed, in addition to new publications, organisations, help-lines and sources of advice.
- Malaria - Emphasising the importance of this disease, revising the information previously covered and expanding into more complicated scenarios for advice.
- Case studies and scenarios - An opportunity to talk through and discuss all travel health issues for more complicated itineraries.

## **Course Structure**

This study day will include structured teaching but the emphasis will be on group discussion and participation. A maximum of 20 students will be registered, in order to allow for informal discussion and debate.

## **Certificate of Completion**

Students who attend this study day will be awarded a certificate of attendance.

The TREC Further Study Day fulfils the RCN recommendation that practitioners providing a general travel health service should attend an annual update for CPD requirements. \*

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## **Contact Us**

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Information, course availability and online application forms are all available on the TREC web site

[www.TRECtravelhealth.co.uk](http://www.TRECtravelhealth.co.uk)

Please feel free to contact the TREC office if you would like any further advice.

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\*Delivering Travel Health Services. RCN Guidance for Nursing Staff 2005